



Last Updated: December 16, 2023

Thank you for choosing Impact Family Wellness. We are committed to protecting your privacy and providing a safe and secure experience for all users of our services. This Privacy Policy outlines how we collect, use, disclose, and protect your information. By using our services, you agree to the terms outlined in this policy.

#### Information We Collect:

##### 1. Personal Information:

- We may collect personal information, such as your name, contact details, and demographic information when you sign up for our services or communicate with us.

##### 2. Health Information:

- If you are using our wellness services, we may collect health-related information to provide you with personalized recommendations and support.

##### 3. Usage Information:

- We gather information about how you use our website and services, including your device information, IP address, browser type, and usage patterns. This helps us improve our services and enhance your experience.

#### How We Use Your Information:

##### 1. Provide Services:

- We use your information to deliver the services you request, including personalized wellness plans and support.

##### 2. Communications:

- We may use your contact information to send you important updates, newsletters, and promotional materials. You can opt out of receiving these communications at any time.

##### 3. Improvement of Services:

- Your usage information helps us analyze trends, track user interactions, and enhance the performance and usability of our services.

##### 4. Legal Compliance:

- We may use and disclose your information to comply with legal obligations, resolve disputes, and enforce our agreements.

#### Information Sharing:

##### 1. Third-Party Service Providers:

- We may share your information with third-party service providers who assist us in delivering our services, but they are required to maintain the confidentiality of your information.

##### 2. Legal Requirements:

- We may disclose your information when required by law or in response to a valid legal request.

#### Data Security:

We implement reasonable security measures to protect your information from unauthorized access, disclosure, alteration, and destruction. However, no method of transmission over the internet or electronic storage is completely secure, and we cannot guarantee absolute security.

#### Your Choices:

You have the right to access, correct, or delete your personal information. You may also choose to opt out of certain communications. To exercise these rights, please contact us at [admin@impactfamilywellness.com](mailto:admin@impactfamilywellness.com).

#### Changes to Privacy Policy:

We may update this Privacy Policy periodically to reflect changes in our practices. Please review this policy regularly for any updates. Your continued use of our services after changes are made signifies your acceptance of the updated policy.

#### Contact Us:

If you have any questions or concerns about this Privacy Policy or our practices, please contact us at [Admin@impactfamilywellness.com](mailto:Admin@impactfamilywellness.com).

Thank you for trusting Impact Family Wellness with your information. We are dedicated to safeguarding your privacy and providing you with the best possible experience.